

Time Out

New York

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Water spas with day passes

Get the most out of the spa experience by spending all day lounging, soaking and detoxing at these spas with awesome water rooms.



Body by Brooklyn

On weekends here, expect to hang with worse-for-wear Brooklynites following the suggested Hangover Relief regimen in the wet lounge's Russian sauna. Once you resemble a prune, retire to the fireplace in the dry lounge for food prepared by the chef of the adjacent organic supermarket, Fresh Fanatic, and a tipples from the full-service bar. 275 Park Ave at Washington Ave, Clinton Hill, Brooklyn (718-923-9400, bodybybrooklyn.com). All day \$44; Mon, Wed, Thu two-for-one entry. Sat, Sun \$55, includes brunch.

What you'll find: Jacuzzi, cold-plunge pool, Turkish steam room, Swedish dry sauna and a Russian sauna.

Take note: The spa neighbors Steiner Studios, so it could be worth "accidentally" barging into the VIP room in hopes of a celeb sighting.—Jon Shannon